



Multi Grain Cheerios Meal Kit

(Multi Grain Cheerios Cereal, Honey Grahams, and Apple Juice)

PUB0021

PRODUCT SPECIFICATIONS

Brand: Power Up Foods Breakfast
Product Name: Multigrain Cheerios Meal Kit
Code #: PUB0021
GTIN: 10819716012149
UPC: N/A
Portion Size: 1 Meal Kit (6.23 oz)
Serving Size: 1 Meal Kit (6.23 oz)
Servings per Case: 60

Gross Weight: 26.36 Lbs
Net Weight: 23.36 Lbs
Country of Origin: USA
Kosher: N/A
Child Nutrition: YES

SHIPPING INFORMATION

Length: 19.87"
Width: 13.125"
Depth: 18.5"
Case Cube: 2.80
Ti x Hi: 7 x 5
Shelf Life: 4 Months from Date of Production
Storage Temperature: Keep in ambient climate

CHILD NUTRITION INFORMATION

1 Meal Kit containing one Multi Grain Cheerios Cereal, one Honey Graham Crackers, and one Apple Juice is equivalent to a 2 ounce grain equivalent and a 1/2 cup Fruit based on the USDA Child Nutrition Guidelines.

Low in Saturated Fat
Cholesterol Free
Good Source of Fiber

Nutrition Facts

60 servings per container
Serving size 6.23 oz (175g)

Amount per serving
Calories 280

		% Daily Value*
Total Fat 4g		5%
Saturated Fat 0.5g		3%
TransFat 0g		
Cholesterol 0mg		0%
Sodium 255mg		11%
Total Carbohydrate 58g		21%
Dietary Fiber 5g		18%
Total Sugars 25g		
Includes 12g Added Sugars		24%
Protein 3g		
Vitamin D 1.2mcg		6%
Calcium 93mg		7%
Iron 6.8mg		38%
Potassium 277mg		6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Apple Juice: 100% Apple Juice (Water Sufficient to Reconstitute Apple Juice Concentrate), Natural Flavors and Citric Acid. **Multigrain Cheerios:** Whole Grain Oats, Whole Grain Corn, Sugar, Corn Starch, Whole Grain Rice, Corn Bran, Whole Grain Sorghum, Whole Grain Millet, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Color (Caramel Color, Annatto Extract). Vitamin E (Mixed Tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (Mineral Nutrients), A B Vitamin (Niacinamide), Vitamin C (Sodium Ascorbate), A B Vitamin (Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Mononitrate), A B Vitamin (Folic Acid), Vitamin B12, Vitamin A (Palmitate), Vitamin D3. **Honey Graham Crackers:** Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Contains 2% or Less of: Oat Fiber, Honey, Salt, Sodium Bicarbonate, Molasses, Added Vitamins and Iron (Ascorbic Acid, Vitamin A Palmitate, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin As Carrier), Extract of Annatto. **Contains: Wheat**



Date Updated: 08/06/2020 Version Updated: V 2.0 Date Last Reviewed: 08/06/2020 Reviewed/Updated By: Elena Misoulis